

# Clinical Nurse Specialist, HIV Community (Watson 2016)

## Inputs

### Investment

No set up costs  
Community HIV CNS (£77,702.98 per annum / £46 per hour)

### Resources

- 1 x WTE Band 8a, Community HIV CNS (provides cross cover for Hammersmith & Fulham, Kensington & Chelsea)
- Travelcard (zone 1-2) £1,495 a year
- Shared 'hot desk' @ 56 Dean Street

## The Service

### Journey through Service

Active caseload of 67 complex HIV positive patients who live in Westminster around 10% of all HIV patients in Westminster, CNS manages just under half.

### Referral routes

Via HIV services or GP, 1-2 new referrals per month.

### Activity/ delivery

- Complex Case-management – vigilance and rescue work around safeguarding and vulnerabilities.
- Adherence management and support
- Symptom control management and support
- Assessment and Care planning
- Multi-disciplinary liaison and team approach to care delivery
- Patient/ carer/ professional education

## Summary of Benefits

### For Adults living with HIV and complex needs who reside in Westminster

- Avoidance of Antiretroviral therapy (ART) wastage by effective management and monitoring of adherence. Average ART £2000 - £3000 (6 months unsupported adherence) With a 60-70 patient caseload, assuming 50% would waste without intervention, ensuring adherence avoids costs of £162,500 – £260,000 per annum
- Carers and family of patient feel supported
- Prevention of avoidable hospital admissions by vigilance, rescue work and effective case management (£1,776 - £3,500 a week)

### For other local services

- Prevention of onwads HIV transmission potential avoidance of £3.360,000 – £4.320,000 per annum by management and monitoring of ART adherence for 12 sexually active patients in caseload.
- Management and support of those who have disengaged from HIV services.

### Opportunities for service development

- Enhancing service with physical assessment and Non-medical prescribing.
- Development of a Community HIV Nursing model to strengthen funding.