# Oxford Branch AGM September 17<sup>th</sup> 2019 RCN Forums Sally Bassett and Suzanne Watts





### Overview

- RCN Forums purpose, governance, members and committee roles, activities and outputs
- NMLF and CYP
- Library Resources
- Nursing Now RCN Forum Ambassadors
- Congress 2020
- Action and next steps

# Forum Governance

#### Structure and Accountability





Membership Employment & Pay Professional Development Clinical Library Get Involved Get Help News & Events About

#### Forums and networks

Join one or more of our forums and networks and make a vital contribution to the professional voice of the RCN

You are here: Royal College of Nursing / Get Involved / Forums and networks

IF.

Council

Professional Nursing Committee

Trade Union Committee

Forum
Governance
Group

Forum Chairs Committee

**Forums** 

Other committees
Agenda

International

Fellows Co-Ordinating Finance and Investment

Governance
Support
Remuneration
Group Audit

### What do Forums do?

- Lead and contribute to the development of RCN policies and position papers
- Develop and update specialist guidance
- Contribute and participate in research (eg surveys of members)
- Provide expert clinical view to the RCN, government and external stakeholders
- Represent the RCN on specialist professional and parliamentary/government working groups; events and seminars ensuring that the voice of nursing is heard and represented
- Contribute to consultations
- Deliver specialist workshops, conferences and events
- Play an active role at Congress representing their forum members
- Actively promote engagement with members

# Why join a Forum?

- Network with other nurses with shared interests
- Join special interest groups
- Make a contribution to the professional voice of the College
- Contribute to RCN policy making processes and campaigns on issues affecting care <a href="http://tinyurl.com/animationCYP">http://tinyurl.com/animationCYP</a>
- Contribute to RCN guidance publications relevant to your role and expertise and suggest new guidance publications
- Influence the forums agenda
- Opportunities to become active and involved with professional practice and care
- Attend Congress as a voting member for your first choice Forum and be involved in Forum Congress activities

### How to join and be active?

- You can join any number of forums
- Find out about forums
   RCN homepage > Professional Development > Forums and Networks
- To join log in to MyRCN and choose <u>My Forums and Activities</u>
- If you would like to be active in your Forum then contact the Chair or the RCN Professional Lead. Contact details are on Forum web page > 'Meet the Team' link

# Children and Young People Forums

- 5 Forums and a number of networks
- CYP Facebook page with about 3200 members
- CYP Staying Healthy Forum
  - Umbrella Forum
  - 7 Committee members
  - Co-opted Forum members

# RCN Library Resources



A Hidden Gem

# RCN Library and Heritage Service RCN homepage > library link

- Largest nursing specific collection of material in Europe including PhD Thesis, archive of nursing history in UK
- Borrow books, study areas
- Help from Library staff
- Free exhibitions
- Specialist databases
- Training sessions: join using Skype or come to the Library
- Literature search service
- Subject guides: resources on over 60 nursing topics
- Remote 24/7 online library search

# Nurses in Management and Leadership Forum





## Members at Congress 2019



Edita Lindsey Gerard
Sally
Ellie Denise Helen

### Forum Steering Committee & Voting at Congress

Lindsey Scott Southwest Sally Bassett (Chair) Southeast Helen Stanley Southeast

#### Forum members & Voting at Congress

Edita Simutyte London

Gerard Casey Northern Ireland

#### **Forum Steering Committee Member**

Vi Thomas London

#### Forum member

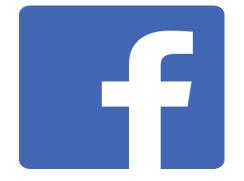
Denise Kelly Northern Ireland Eleanor McManus Northwest





# RCN Nurses in Management and Leadership Forum

- Finding out what is important to forum members and representing those views.
- Actively contributing to shaping the future of nursing management and leadership.
- Supporting your development as managers and leaders.
- Facilitating the Nurses in Management and Leadership Forum members in influencing the RCN strategy.
- Connecting your interests, expertise and experiences to the RCN strategy and its success



RCN Nurses in Management and Leadership Forum



@RCNMandLForum

**RCN Forum Website** 

### Profile and Benefits NMLF





https://www.youtube.com/watch?v=BbTyVt1B4vE

#### Resources

- <u>Library subject guide leadership</u>
- > Leadership
- Organisational culture and patient safety
- > Considering a role within leadership
- > Leadership skills
- Supporting Nurses to Lead videos

# Some of our recent journey Nortes in Management and Leadership Forum Pour Nortes In Management In Managemen

**2017** Successful Congress Fringe Event – Resilience Well evaluated and oversubscribed

**2018** Evidence Based Paper With links to Research Forum

2019 onwards work plan....

- Emerging Leaders Project
- Critical Conversations workstream
- Preparing for Congress 2020
- Collaborating with regions, branches and the other 34 forums

**January** Critical Conversations Half Day Workshopover subscribed and well evaluated

**February** RCN Nursing Now Event

**March** Masterclass for the Education Forum 'Supporting Nurses to Lead from Day One' Well evaluated

**2019 April** – Facebook conversation in preparation for Congress

**May** Congress Fringe Event – well evaluated and network extended. Each delegate spoke at the podium, 2<sup>nd</sup> a motion by Public Health Forum Against Violence

June Presented Nursing Now at RCN CPD Day
August Produced a membership survey with the
Oxford Branch

**September** Recorded Critical Conversation Podcast with the General Practice Nurses Forum

**September** Oxford AGM

October – Preparing for Congress

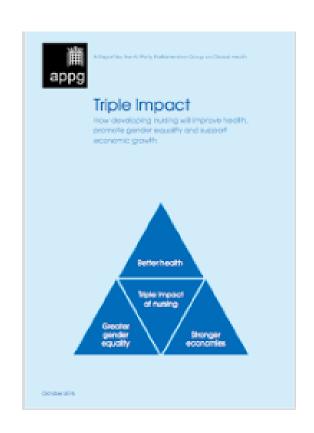


### Top Tips from the Forum Committee for Managing & Leading Yourself

- Do what fulfils you
- Build your networks
- Find a coach-mentor; be someone else's
- Invest in yourself
- Face your fears
- Try something new
- Be kind and generous



### Nursing Now and the Nightingale Challenge











# What is Nursing Now, what does a Nursing Now England Ambassador do? And who can be a Nursing Now England Ambassador?

- The <u>Transforming Perceptions of Nursing programme</u> was renamed 'Nursing Now England' in December 2018.
- This key piece of work is being aligned with the global <u>NursingNow</u> campaign, which also aims to raise the status and profile of nursing. Read about the launch event.
- There is a now a new on-line ambassador hub and an active community

- Acts as a local ambassador for nursing, representing our profession in a positive light and by doing so, building awareness and positive perceptions
- Creates a bridge between activities to promote nursing locally and the nationwide campaign
- Speaks for local organisations and the nurses in them within the national campaign
- Brings back the ideas and calls to action from the national campaign and customise, remix and reshape then so they will work in a local context
- Leads the local version of the campaign and get people engaged and taking action

# RCN Message - Nursing Now England needs ambassadors like you



RCN forum members are uniquely placed to challenge perceptions of nursing, says Head of Nursing Practice Wendy Preston.

#### Read Wendy's Blog:

- https://www.rcn.org.uk/news-andevents/blogs/nursing-now-englandneeds-ambassadors-like-you
- Got to the England Nursing Now page:#https://www.nursingnow.org/engla nd/



### **How Forums are Supporting Nursing Now**





# How we are supporting Nursing Now

- Acting as an ambassador
- Promoting Nursing Now through the lens of the Forum Specialty
- Asking colleagues to reflect on their perception of nursing?
- Be clear about what their message is to others about nursing – what's your 30 second elevator pitch and script – I am a nurse because...
- Promoting call to action what will you do after today?

### Over to you...

- For a few minutes
   discuss in pairs or in a
   small group your
   thoughts and answers
   to....
- What is your perception of nursing?
- What is your message to others about nursing?
- Can you say I am a nurse
   because in 30 seconds?
- What action will you take after today?

John Hopkins You Tube – listen to what they have to say about nursing

 https://www.youtube.c om/watch?v=J60LFG8 ejVs

RCN This is Nursing

 https://www.youtube.c om/watch?v=URIKV0e wrhM

### Congress 2020 Year of the Nurse and Midwife

NMLF proposed Resolution based on Investing in the Power of Nurse Leadership - WHAT WILL IT TAKE?

- Work to change the perception of the nursing profession as a "soft science" and to elevate the status and profile of nursing in the health sector – should we ask the council to take action on this?
- Build Nurses' self confidence and sense of preparedness to assume leadership positions - what do you think it will take?









# Thoughts on actions from today?



