

New for 2021



**Welcome
to the very first issue of your
Milton Keynes RCN Branch Newsletter**

Our vision for this newsletter is that it will be inclusive, valuable and supportive. We wish to inform, engage and include you in decisions that affect the branch.

We will share ideas and solutions, actively promoting equality and diversity within our community.

Your voice is important.

Why a newsletter we hear you ask?

We wanted to say hello, we are here to support you and we want you to be involved.



Issue contents:

Welcome/why a newsletter?

What is an RCN branch?

Meet your branch committee

Be involved/ Events

What is an RCN branch?

All members belong to an RCN branch. Branches work across the NHS, independent and third sectors to deliver services to members and provide opportunities for members to participate in, shape and influence the work of the RCN. You can claim CPD time if you attend branch learning/development events.

Milton Keynes Branch has regular 3 monthly meetings that all members are invited to.

These meetings are currently on Microsoft Teams due to Covid measures which enables members to tap in from home. This has proved to be an accessible and popular way for members to stay involved.

Discussions at branch meetings are often around RCN campaigns. Your local reps attend these meetings as well and it is a good way for you to recognise and get to know them.

The branch has an AGM every year where your branch committee is nominated. The committee meets every 4 weeks.

On the next page you can meet your committee for the coming year.

Your local Milton Keynes Branch Committee members are:

Chair Sharon Mitchel
HCA Practice Educator MKUH
Learning & Development Rep



Secretary Stephen Shouler
Dermatology nurse MKUH
Learning Rep/Steward



Treasurer Dawn Collis
Sister AMU MKUH



You can find out more about us on the Milton Keynes branch page at rcn.org.uk/southeast and join our Facebook Group: 'Milton Keynes Branch Royal College of Nursing'.

We would like you to know that as a branch committee we are committed to our *whole* RCN community in Milton Keynes and not just focussed on the hospital.

We would like you to feel that you can access resources to celebrate things like Nurses' Day/Nursing Support Workers' Day and Pride not just from rcn.org but your local branch too. We would also be happy to attend any of your events outside the hospital diaries permitting, if you would like us to.

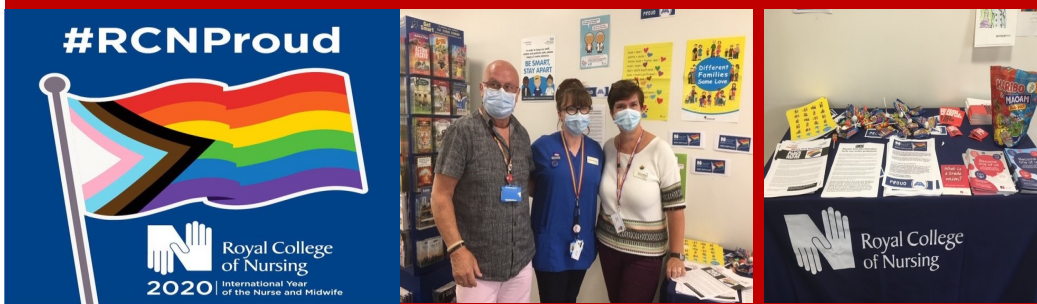
Join our branch meetings we would love to meet you. The next meeting is 25th January 12pm via Teams, look out for the invite in your email inbox.

Be involved Student Nurses, Nurses, Healthcare assistants, Assistant Practitioners, Nursing Associates and Retired members are all welcome to contribute to this newsletter.

Are you a budding writer? Would you like to write an article or share your pictures of activities you are a part of for the RCN?

Then please contact: sharon.mitchel@mkuh.nhs.uk

A look back at events held in 2020 to inspire us for future activities:



***Pride
Black Lives
Matter***



***Healthcare Support
Workers Day***

**We hope you have enjoyed the first issue.
Stay safe and we will see you again in March.**