

Issue
May 2022



Royal College
of Nursing

Milton Keynes RCN Branch Newsletter



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Get Involved 'Branch Meeting 26th May'

An RCN Branch is made up of all RCN members in a geographic area, ours in Milton Keynes.

You as a member with the help of the branch committee can help organise RCN activities in your area and provide opportunities for other members to participate in and shape the work of the RCN.

Why not join us for the next meeting and tell us what you want from your local branch, tell us what issues are happening in your workplace and how we can help and support you?

We are mainly based in MKUH but would love to join you for events in your workplaces in Milton Keynes so come and join us and reap the benefits of being a member of the world's largest nursing union.

HCSWs this means you to (did you know that the Branch Chair is a HCSW!)

Milton Keynes

RCN Virtual Branch Meeting

26th May 2022

2pm

[Click here for more information](#)

Milton Keynes Branch Committee:

Chair Sharon Mitchel
HCA Practice Educator MKUH Learning Rep

Secretary Stephen Shouler
Dermatology Nurse MKUH Learning Rep/Steward

Treasurer Dawn Collis
Sister AMU MKUH

BAME Committee member/Steward Abbie Zvaker

LGBT Committee member Amanda McGowan

HCSW committee member Aine Doggett-Brooke

Drop in clinic happening in June

An RCN drop in coffee and catch up clinic is being held on the **27th June** in the Academic Centre, Milton Keynes University Hospital.

There will be a learning and development rep available and a steward if you would like to talk to either. We hope a regional officer will be able to meet you there as well.

The clinic is for you to come and air any concerns you have.

It is also a chance for you to hear about what your local branch is up to and how you can be involved.

Celebrate Pride month with us

Pride Month is a month-long observance in celebration of lesbian, gay, bisexual, transgender, and queer people, and the history, culture, and contributions of these people and their communities. It is not limited to people with these sexualities or gender identities.



Events happening

All songs Pride music quiz

This includes a 'be loud and proud' special guest speaker!
Best Pride outfit prize.

Rainbow cakes/ Pride goodies stall

Chance to find out about how we can give the best patient care to our LGBTQ+ community.

**Student Nurses, Nurses, Healthcare Assistants,
Assistant Practitioners, Nursing Associates
and Retired members— are you a budding writer, would you like to
write an article or share your pictures of activities you are involved
in as part of the RCN? Then please contact:
sharon.mitchel@mkuh.nhs.uk**

Next Branch meeting is a virtual Teams event: 26 May, 2.00pm

**Please contact sharon.mitchel@mkuh.nhs.uk if you would like to be
sent the joining link.**

Quote of the month

**We support the
people of Ukraine**



Be Brave.

**Remember that
bravery is not
the lack of fear
but the ability to
move forward
in spite of fear.**



THAT'S ALL FOLKS!

**Please remember you can email comments, questions, suggestions
and articles to:**

sharon.mitchel@mkuh.nhs.uk